



# The Sleepio™ After Cancer Study is recruiting.

## Trouble Sleeping?

Do you have trouble getting to sleep,  
staying asleep or waking up too early?

We are recruiting:

- women over the age of 18
  - with a history of cancer
  - currently experiencing insomnia
- for an innovative technology-based trial

Ask for information in clinic  
today, scan the QR code or  
[teresa.treacy@ucdconnect.ie](mailto:teresa.treacy@ucdconnect.ie)

